# Bath Ankylosing Spondylitis Disease Activity Index (BASDAI)

**NAME:**_____ **DATE:**____/____/____

**Please make a hashmark through the line for each question. THE QUESTIONS PERTAIN TO THE PAST WEEK. There is no wrong answer.**

**Example of how to fill out questions: Please make a hash mark through the line:**

**None** I_____I_____I **Very Severe**
**0** **(score = 3.2)** **100**

**1) How would you describe the overall level of fatigue/tiredness you have experienced?**

**None** I_____I**Very severe**

**2) How would you describe the overall level of AS <u>neck, back or hip</u> pain you have had?**

**None** I_____I**Very severe**

**3) How would you describe the overall level of pain/swelling in joints <u>other than</u> neck, back or hips you have had?**

**None** I_____I**Very severe**

**4) How would you describe the overall level of discomfort you have had from any areas tender to touch or pressure?**

**None** I_____I**Very severe**

******OFFICE STAFF: FOLLOWING QUESTIONS TO BE AVERAGED BEFORE ADDING TO SCORE******

**5) How would you describe the overall level of morning stiffness you have had from the time you wake up?**

**None** I_____I**Very severe**

**6) How long does your morning stiffness last from the time you wake up?**

I_____I
I I I I I I I I I
**0 1/2 1 hour 1 ½ 2 or more hours**

**FOR OFFICE STAFF ONLY:**

The BASDAI consists of 10cm visual analog scales used to answer 6 questions pertaining to the 5 major symptoms of AS: 1) Fatigue 2) Spinal pain 3) Joint pain / swelling 4) Areas of localized tenderness 5) Morning stiffness.

**To give each symptom equal weighting, the mean of the two scores relating to morning stiffness is taken. The resulting 0 to 50 score is divided by 5 to give a final 0 – 10 BASDAI score**