eSUN - January 2014 - Support Group Meetings, Ice Fishing for SAA, Research & More...

Upcoming Support Group Meetings

- Hollywood, FL - Wednesday, January 15, 2014
  Click here for details >>>
- Bismarck, ND - Saturday, January 18, 2014
  Click here for details >>>
- San Diego, CA – Saturday, January 18, 2014
  Click here for details >>>
- Augusta, ME - Thursday, February 6, 2014
  Click here for details >>>
- Tucson, AZ - Thursday, February 6, 2014
  Click here for details >>>
- Phoenix, AZ - Saturday, February 8, 2014
  Click here for details >>>
- Los Angeles, CA - Sunday, February 9, 2014
  Click here for details >>>

And more! View all SAA Sponsored Educational Support Groups by clicking here >>>

SAA Research News | Axial Spondyloarthritis: Are Bone Marrow Oedema (Edema) and Gut Inflammation Related?

A study published in the Annals of the Rheumatic Diseases finds further evidence that inflammation in the gut and progressive disease in axial spondyloarthritis are linked.

Click here to learn more >>>

Research: Does the Microbiome Cause Ankylosing Spondylitis?

Here we present a bonus article from the Winter 2011 issue of SAA's news magazing, Spondylitis Plus. The article relates to the above news article regarding gut inflammation and spondyloarthritis. SAA Medical Board Member, James Rosenbaum, MD, discusses the microbiome - the microbial world that lives in us and on us.
usually to mutual benefit - and how it may relate to triggering ankylosing spondylitis.

You can read the entirety of the article by clicking here >>>

**Ice Fishing Derby To Benefit SAA**

On January 25, 2014 in Limington Maine, the 10th Annual Horne Pond Ice Fishing Derby Grande Finale will be held. This year a portion of the proceeds from the derby will be donated to the Spondylitis Association of America.

For many years the Horne Pond Derby has been so successful because of the huge help from SAA Member Steve Rodimak and his organization, "Ice Fishing 4 A Cause." Steve has supplied the derby with a very large portion of the prizes for both Kids and Adults.

Click here to learn more >>>

**Donations In Honor Of Cookie Hopper - Limited Edition Awareness Bracelets**

My name is Cookie Hopper, creator of “The Faces of Ankylosing Spondylitis” Website and Information Board. These websites were created in memory of a young man who in the midst of his pain lost all hope and took his life, and a young woman who during her last days on earth was an inspiration to all of us. I wanted to make a difference in our community that would reach people globally and at the same time honor these two very special people.

So many of you have offered to help with the cost of my project, and so I decided to create special bands that honor us all living with Ankylosing Spondylitis. These bands will help us make a difference in raising awareness, funding for research, but mostly they will honor those who suffer with this every day.

Click here to donate now and receive your special wrist bands >>>

**Donate Today!**

You can help support our mission to be a leader in the quest to cure ankylosing spondylitis and related diseases, and to empower those affected to live life to the fullest by joining SAA, making a donation, or donating a vehicle.

Click here to learn how you can help >>>

Please remember us in your estate planning.