Hi <<First Name>>! - eSUN - December 2015 - Breastfeeding and AS, New SpA Treatment Guidelines, Support Group meetings, and More...

Happy Holidays!

New Spondyloarthritis Treatment Guidelines – Findings and Recommendations

In September of this year the American College of Rheumatology released the first ever recommendations for physicians in the US for the treatment of ankylosing spondylitis and non-radiographic axial spondyloarthritis.

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Breastfeeding may provide a layer of protection against ankylosing spondylitis

According to a new French study in people with a family history of ankylosing spondylitis who carry the HLA-B27 gene, breastfeeding may provide a layer of protection against developing AS later in life.

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Excess weight loss can lead to improvements in individuals with Psoriatic Arthritis or Psoriasis

According to a study presented at this year’s American College of Rheumatology Annual Meeting, excess weight loss can lead to improvements in psoriatic arthritis and psoriasis symptoms.

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Upcoming Support Group Meetings

Upcoming support group meetings include:
- Saturday, January 9, 2016 – Morristown, NJ
  [Click here for details] >>>
- Saturday, January 9, 2016 – The Woodlands, TX
  [Click here for details] >>>
- Sunday, January 10, 2016 – Los Angeles, CA
  [Click here for details] >>>
- Monday, January 11, 2016 – Denver, CO
  [Click here for details] >>>
- Thursday, January 14, 2016 – Dallas, TX
  [Click here for details] >>>
- Thursday, January 14, 2016 – Sacramento, CA
  [Click here for details] >>>
- Friday, January 15, 2016 – St. Louis, MO
  [Click here for details] >>>
- Saturday, January 15, 2016 – Oakland, CA
  [Click here for details] >>>
- Saturday, January 16, 2016 – San Diego, CA
  [Click here for details] >>>

And more! View all SAA Sponsored Educational Support Groups by clicking here >>>

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