Our 35th Anniversary, double-issue of Spondylitis Plus is here. Take a peek inside now!

Enjoy two free featured articles, from the most recent issue of Spondylitis Plus, spanning 35 years of spondylitis research and advancement.

SAA Turns 35! How Did We Get Here?

Highlights From SAA’s Spondylitis Seminar: Q&A With Dr. John Reveille
Ethnicity and disease severity in ankylosing spondylitis: A cross-sectional analysis of three ethnic groups

A person’s genetic makeup, including HLA-B27, is thought to make up roughly 90% of the disease risk in ankylosing spondylitis (AS.) It’s not surprising then that ethnicity plays a large role in the frequency of AS throughout the world. New research now suggests that ethnicity may also play a role in disease activity and severity.

The Color of Pain

“It’s not just my back that hurts. It’s my whole body. People don’t understand that this disease can attack my heart, even my eyes. I could go blind. You might think it’s just pain, but it’s much more.”
Imagine Dragons lead singer Dan Reynolds discusses living with spondylitis with his brother, band manager, lawyer, and fellow AS warrior, Mac Reynolds.

Watch the video

Read Mac's story

Connect With Others Living With Spondylitis

Find in-person support groups, online message boards, personal stories, an active social media community, and more!
Upcoming Support Group Meetings

Morristown, NJ — Saturday, March 3, 2018 — Details

Denver, CO — Monday, March 5, 2018 — Details

Chicago, IL — Thursday, March 8, 2018 — Details

The Woodlands, TX — Saturday, March 10, 2018 — Details

Philadelphia, PA — Saturday, March 10, 2018 — Details

Lansing, MI — Saturday, March 10, 2018 — Details

San Diego, CA — Saturday, March 17, 2018 — Details

Boston, MA — Saturday, March 17, 2018 — Details

Elmira, NY — Thursday, March 22, 2018 — Details

NYC, NY — Thursday, March 22, 2018 — Details

Sioux Falls, SD — Saturday, March 24, 2018 — Details

Baltimore/Harford County, MD — Saturday, March 24, 2018 — Details

Dallas, TX — Saturday, March 24, 2018 — Details
**Bristol, TN** — Wednesday, March 28, 2018 — [Details]

### Planned Giving

Reaffirm your commitment to the next generation by remembering SAA in your will.

![Diagram showing the concept of planned giving](image)

[Visit our planned giving page](#)

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**It Can't Drive, But It Can Still Drive Your Taxes Down**

*Image: Useless with style by Daniel Imbriani / CC BY-ND 2.0*
Donate your vehicle to SAA and get a tax break today.