Upcoming Spondylitis Educational Seminar on October 20th in Chicago, IL

Join us Saturday, October 20, 2018 for an informal and informative seminar featuring rheumatologist Muhammad Asim Khan, MD, MACP, FRCP and registered dietician Lara Rondinelli-Hamilton, RD, LDN, CDE. There will be ample time for questions, as well as a chance to mix and mingle with other patients, families, and friends.

Register Today!
Our 2018 Fall Issue of Spondylitis Plus is Here. Take a Peek Inside Now!

The latest issue of Spondylitis Plus is now available online for SAA members.

Not a member yet? Read the Featured Article, "Standing Tall For Women With Axial Spondyloarthritis"

Read the Full Issue!

Read the Featured Article!

Neuropathic Pain in Axial Spondyloarthritis

Neuropathic pain occurs when the nervous system is damaged or affected by disease. It can result in pain from originally non-painful stimuli or sudden spontaneous sensations, such as burning, tingling or stabbing. There is no consistent cause for neuropathic pain in axSpA patients, but it can potentially lead to additional complications in an already complex disease.
**Inflammatory Arthritis Educational Program in New York City!**

The Spondylitis Association of America (SAA) and the Hospital for Special Surgery (HSS) are proud to announce a new collaboration.

Join us October 9th for our free program: “**Eye Concerns in Inflammatory Arthritis.**”

**BlowUpRadio.com's 2018 Banding Together Benefit**

Internet radio station and music website BlowUpRadio.com has announced its schedule of events for its 2018 Banding Together, its annual benefit for The Spondylitis Association of America.
All money raised from the concerts, webathon donations and compilation downloads, will go directly to the Spondylitis Association of America to fund research and provide the programs and services the spondylitis community has come to rely on.

Donate $10 or more online to SAA to receive a special code, redeemable at http://spondy.bandcamp.com/ to download the compilation album.

New Your Story Added: Carrie Kellenberger

“I never expected to lose my mobility, but that is what happened in July of 2014 when my body gave out on me and I could no longer move the way I used to. Year by year, I lost my energy to move and soon enough, I had an ME/CFS (myalgic encephalomyelitis / chronic fatigue syndrome) diagnosis that severely limited my mobility and left me housebound.”

Upcoming Support Group Meetings

Spokane, WA — Saturday, October 6, 2018 — Details

Orlando, FL — Sunday, October 7, 2018 — Details
Chicago, IL — Thursday, October 11, 2018 — Details

Elmira, NY — Thursday, October 11, 2018 — Details

Leesburg, VA — Saturday, October 13, 2018 — Details

Los Angeles, CA — Sunday, October 14, 2018 — Details

Nashville, TN — Thursday, October 25, 2018 — Details

Austin, TX — Monday, October 29, 2018 — Details

View all SAA-sponsored spondylitis educational support groups!

SAA participates in the Combined Federal Campaign — the largest and most successful annual workplace charity campaign. Simply enter CFC code #89466 on your pledge card during your agency’s fund drive or contact your Human Resources Department or the Office of Personnel Management (www.opm.gov).

Please contact us if you have given anonymously through CFC so you can continue to receive SAA member benefits: hhart@spondylitis.org or call 800-777-8189 x226
Please remember us in your estate planning.